



The Chalice Light

The Newsletter of the
First Unitarian Universalist Church of Lubbock, Texas
A Welcoming Congregation

Volume 55, Number 1

January 8, 2012

Church Office: 806-799-1617

Office Manager: Jan Hardin

Programs and

Activities Coordinator: Stephanie Blackwell

Board President: Murray Coulter

Web site: <http://www.uulubbock.org>

Email: firstuu@nts-online.net

Email: pac@nts-online.net

Email: presidentuulubbock@nts-online.net

Sunday Morning

Service 11:00AM

Children's and Adult Classes or Forum 10:00AM

Forum January 15: Dr. Ted Reid talks about Epigenetics

Services

January 15: "Twelve Steps to a Compassionate Life" Part I. Karen Armstrong, DVD, Introduced by Rita Chamblin

January 22: "Twelve Steps to a Compassionate Life" Part II. Karen Armstrong, DVD, Introduced by Pat Smith

Forum:

January 15: "Epigenetics", Dr. Ted Reid

Children's Religious Education

Younger Children: Peace and Social Justice

Older Children: Social Justice

Intersections – Adult Religious Exploration

January 15: Will meet with Forum

January 22: A topic from "The Book of Life", by Ben Zion Bokser, led by Justin Blount

Information

The Chalice Light is a publication of the First Unitarian Universalist Church of Lubbock, TX. It is published every two weeks. Send newsletter items to firstuu@nts-online.net.

The First Unitarian Universalist Church of Lubbock is a religious community of free minds which supports your free and responsible search for truth and meaning.

In this Issue...

Sunday Morning	Page
Activities	1
Details and Looking Ahead.....	2

Mark Your Calendar	2
---------------------------------	---

Features

Sunday Morning Forums	2
Picture Day	3
Piano Recital.....	3
Unity Celebration	3
Circle Suppers	3
Thank You Sara Mulkey	4
Art Exhibit	4
Service Auction	4
SW UU Women.....	4

Columns

Ethical Eating: News to Munch On	5
--	---

The Usual

Needs and Gift Exchange.....	5
Ongoing Activities	5
Board Members and Committee Chairs.....	6
Our Vision and Mission	6



February 5: "Our American Roots" DVD
Parts 4-6, led by Pat Smith



Sunday Morning Services – Details...

January 15: "Twelve Steps to a Compassionate Life" Part I. What is compassion? The positive and negative versions of the Golden Rule. Karen Armstrong, DVD, Introduced by Rita Chamblin

January 22: "Twelve Steps to a Compassionate Life" Part II. How we look at our world informs our actions. How can we practice being compassionate? Karen Armstrong, DVD, Introduced by Pat Smith

Services – Looking Ahead...

January 29: "Twelve Steps to a Compassionate Life" Part III. How we speak to each other matters. Can we be compassionate to our enemies? Do we know enough to have concern for everybody? Karen Armstrong, DVD, Introduced by Rita Chamblin

February 5: TBA, Rev. Eliza Galaher,
Wildflower Church,
a UU Congregation, Austin, Texas



*Adult Religious Exploration,
where religion intersects culture,
science, and politics –*

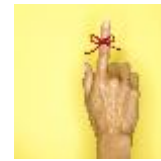
Sunday Morning Intersections: Details...

January 15: Will meet with Forum

January 22: A topic from "The Book of Life",
by Ben Zion Bokser, led by Justin Blount

Intersections - Looking Ahead...

January 29: "Our American Roots" DVD
Parts 1-3, led by Pat Smith



Mark Your Calendar!

(See articles for more information)

January 15: Pictures taken after service

January 15: Potluck after service

January 21: Unity Celebration, 7 pm

January 21: Circle Suppers

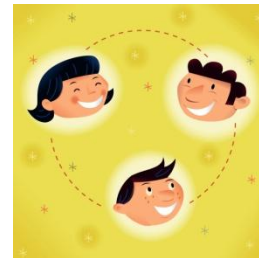
January 22: Next newsletter deadline

February 5: Afternoon Memorial Service for
Keitha Hopson

(Details in next newsletter)

February 6: Sunday Services Committee, 7:00 pm

February 14: Board Meeting, 7:30 pm



Sunday Morning Forums

By Patsy Malin

The following are forum topics for January and February:

January 15: "Epigenetics", Speaker: Dr. Ted Reid

January 29: "What Do You Say to a Creationist?"
Speaker: Harvey Madison

February 12: The Art of Happiness
Speaker: Dr. Liz Davidson

February 26: "Millennial Momentum, the Book
and Some Thoughts"
Speaker: Vicky Vaughn





This Sunday is Picture Day!

By Harvey Madison

If your picture is not on the wall or your picture is out of date, come in this Sunday, January 15, and I will take a picture of you at the end of the service.



Piano recital January 22

By Bill Westney

Everyone is cordially invited to attend Bill Westney's annual solo recital at Texas Tech's Hemmle Recital Hall on Sunday, January 22. Admission is free. Please note that it will be in the afternoon this year: 3 p.m.

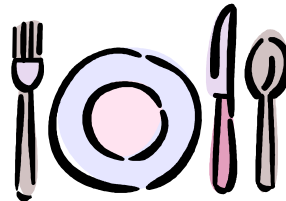
Here is the listing from TTU's concert calendar:
In his first solo recital on Texas Tech's magnificent new Fazioli grand piano, Browning Artist-in-Residence William Westney highlights two contrasting masterpieces of the literature. Scriabin's Sonata #5, which was a signature piece of the legendary virtuoso Vladimir Horowitz, explores the fantastical and colorful extremes of piano writing, while Brahms' Variations on a Theme of Handel (which ends in a triumphant fugue) is a towering monument of nineteenth-century music. Shorter works by Bach, Scriabin and Albeniz will round out the program.



First UU Hosts Unity Celebration January 21

By Barbara Holder

The Lubbock Interfaith Association will be presenting an evening of celebration on Saturday, January 21st, at 7:00 PM at our First UU Church. In the past few years they have presented the Abrahamic Faith Celebration, but this year they are expanding to include 6 faiths. Those that have attended in the past know how inspirational the Abrahamic Faith Celebrations have been. This year's program will be even more so. There will be refreshments and conversation following the celebration.



Sign up for Circle Suppers

By Gail Madison

First Circle Supper of 2012 is on Saturday, January 21st (or another day that works for you as long as it is in January.) Sign-up sheets are on the Bulletin Board. Oldies--those who have been a friend or member for 5 plus years--are the ones we want to host dinners. Guests can be a mix of oldies and newbies. Hosts, you determine the menu and divy up duties. Both groups--have fun.





Thank You, Sarah!

By Pat Smith

Sarah Mulkey was our guest pianist January 1 and was an integral part of the service. Besides coming early Sunday morning, she spent some time rehearsing with us Saturday afternoon to ensure smooth segues between parts of the message, the candle lighting, and the singing. Many of you attending thanked her after the service, expressing your appreciation. We hope to have her back every few weeks.



Art Exhibit at Texas Tech

By Marilyn Donati

Up Against the Wall: Posters of Social Protest brings an international and contemporary framework to the use of design as social protest. This exhibition of more than 70 posters by a group of internationally recognized graphic designers from Europe, the U.S. and Mexico highlights the power of design to engage people in creative thinking about world problems. Organized in part to celebrate the 2010 bicentennial of Mexico's independence and centennial of the Mexican Revolution, the exhibition raises awareness about the role of graphic design in fostering social and political change, just as it did during the Mexican Revolution.

On view in the Art Building at Texas Tech in the Landmark Gallery (room 104) through January 29th. The Art Building is on 18th between Boston and Flint. Landmark Gallery hours are M-F 8-5, Sat 10-5, Sun Noon-4.



Service Auction

By Shannon Vyff

February 4th, 7:00pm

If you have any items you would like to donate for the auction, contact Shannon Vyff at shannonvyff@yahoo.com, or (806) 445-6417



Exploring the UUniverse of Women's Spirituality

By Carol Currie, President, Southwest UU Women

February 24-26, 2012 with speaker Meg Barnhouse! Please join us at the Hilton Houston NASA Clear Lake, TX. Where is that? Clear Lake City is really a part of Houston but don't think of the downtown skyline or busy freeways. The 2012 SWUW Conference will be held in the beautiful Hilton hotel overlooking Clear Lake and across from NASA Space Center. It is located 25 miles south of downtown Houston, 17 miles from Houston's Hobby Airport and is a perfect place to relax, rejuvenate, reconnect and join us in Exploring the UUniverse of Women's Spirituality. Contact convener Lynn Young at conference@swuuw.org if you have any questions. More information can be found @ www.swuuw.org



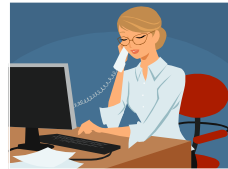
Ongoing Church Activities



Sunday Services Committee: First Monday of the month, 7:00 PM.



Board Meeting: Second Tuesday of the month, 7:30PM



Church Office Hours: 1:00PM – 3:00PM,
Monday through Friday



Let's Sing!
Sunday morning from 9:30-10:00 in the sanctuary.

Other Activities at the Church



Yoga classes with Ann Moore (\$5.00 per class):
Tuesday and Thursday: 6:00PM
Saturday: 10:00AM.



Ethical Eating: News to Munch On

By Rita Chamblin

Greens in Winter

Darryl Birkenfeld wrote a great blog earlier this month at Local Llano about Greens in Winter.

Greens in Winter? Locally??

Suffice it to say, Darryl, Executive Director of Ogallala Commons, shows his commitment to local food opportunities in this posting. He caught my attention immediately when he noted that after all the special holiday meals we've eaten, we might be craving some fresh greens. Yes! And, you know that I'm always interested in local produce. Well, it seems that Kale, New Zealand spinach, Beet greens, Swiss chard, and Arugula can all be grown here through the winter. Since Arugula is the most tolerant of our cold weather, it can be grown outdoors. The other greens require a cold frame or greenhouse. Darryl says all of these greens are easy to grow and, of course, are packed with nutrition.

For the entire posting, go to:

<http://localllano.wordpress.com/>



Needs and Gifts Exchange

Need something or want to give away something? Do you have something you think the church could use? Or do you need something that the church has but is not using? If so, contact the office. Let's take advantage of each other's generosity! Information will be posted on the bulletin board. Please bring your donations to the church office.





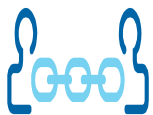
Lubbock Unitarian Facebook

<http://www.facebook.com>



Board Members

President	Murray Coulter
Vice-President	Jim Glatz
Secretary	Jamie Naquin
Treasurer	Rita Chamblin
Past President	Pat Smith
Trustee	Billy Criswell
Trustee	Justin Blount



Standing Committees/Chairs

Building/Grounds	Murray Coulter
Membership	Duane Christian
Religious Education	Shannon Vyff
Social Action	Sara McLarty
Sunday Services	Rita Chamblin, Duane Christian, Pat Smith



Our Vision

We are Lubbock's leader in liberal religion, spiritual exploration, and rational inquiry.



Our Mission

Our mission is to promote the growth of Unitarian Universalism in Lubbock.

- We advocate and participate in our broader community to promote peace, social justice, mutual respect, and environmental stewardship.
- We are a welcoming, inclusive, and supportive liberal religious community which celebrates personal growth, upholds universal values, and provides a safe shelter for those searching for truth and meaning.



"The teacher, if indeed wise, does not bid you to enter the house of their wisdom, but leads you to the threshold of your own mind."

- Kahlil Gibran,
Syrian Poet and
Painter, 1883-1931